# CNIB Guide Dogs AdvoCamp 2019 Agenda

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| Friday, May 31 | |
| 2:00 – 5:00 p.m. | Arrival |
| 5:00 p.m. | Reception |
| 6:00 p.m. | Dinner |
| 8:00 – 9:00 p.m. | Guest Speaker:  Paul Rosen – Paralympic Gold Medalist |

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| Saturday, June 1 | |
| 8:00 – 8:30 a.m. | Breakfast |
| 8:30 – 10:15 a.m. | Introduction to AdvoCamp by  Victoria Nolan |
| 10:15 a.m. | Break |
| 10:30 a.m. – 12:00 p.m. | Workshops – First Choice  These three sessions will be offered twice:  1) Demonstration: Teaching Assistive Tasks and clicker training (CNIB Guide Dogs)  Your guide dog can learn assistive tasks such as picking up an object that is dropped (e.g., harness, wallet, keys). This session is a demonstration only but will introduce you to something you could explore with your guide dog school.  2) Health and Nutrition for Working Dogs (Royal Canin)  3) Strength and Conditioning for your dog (Cathleen Balmer) |
| 12:00 – 1:00 p.m. | Lunch |
| 1:00 – 2:30 p.m. | Workshops – Second Choice |
| 2:30 – 3:30 p.m. | Recreation - Voyageur Canoe, Dog swim, tandem bikes, etc.  (Expo set up) |
| 3:30 – 5:00 p.m. | Guide Dog Information Expo |
| 5:00 p.m. | Break |
| 5:30 p.m. | Dinner |
| 7:00 p.m. | Guest Speaker:  Dr. Virginia Duff on Mental Health and Inner Strength |
| 8:00 p.m. | Campfire or other activities |

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| Sunday, June 2 | |
| 7:30 – 8:30 a.m. | Restorative Exercise |
| 8:30 – 9:15 a.m. | Breakfast |
| 9:30 – 11:00 a.m. | Reflection and Next Steps  (Small Group Discussions) |
| 11:00 a.m. | Evaluation of AdvoCamp |
| 11:30 a.m. | Departure with snack |